



TURMERICIOUS IS A DELICIOUS BLEND OF TURMERIC, COCONUT, CINNAMON, GINGER AND BLACK PEPPER - SPICES WHICH HAVE BEEN USED FOR THOUSANDS OF YEARS IN AYURVEDA AND CHINESE CULTURE.

Turmericlicious has been specially formulated to maximise the bioavailability of curcumin - the primary active ingredient in turmeric. It is made from the whole turmeric root (which contains over 200 + active constituents) with added black pepper which has been shown to increase the absorption of curcumin by up to 20 times. As turmeric and cinnamon are fat soluble, we have blended them with coconut milk to help your body absorb the turmeric.

Available in four fabulous flavours.

Vanilla RRP £6.95



Energy	1840kJ 440kcal	460kJ 110kcal
Fat	32 g	8 g
of which saturates	28 g	7 g
Carbohydrate	36 g	9 g
of which sugars	12 g	3 g
Protein	8 g	2 g
Salt	0 g	0 g

Coconut milk powder(39%) (coconut milk,maltodextrin, modified food starch), cocoa powder (25%), coconut nectar (17%), turmeric (7%), ginger, cinnamon, black pepper, chili powder (0.3%)



5 060200 50514



Choco RRP £6.95



Energy	1672kJ 400kcal	418kJ 100kcal
Fat	24 g	6 g
of which saturates	14 g	3.5 g
Carbohydrate	40 g	10 g
of which sugars	20 g	5 g
Protein	8 g	2 g
Salt	0 g	0 g

Coconut milk powder(45%) (coconut milk,maltodextrin, modified food starch), cocoa powder (30%) coconut nectar (17%),turmeric (7%), ginger, cinnamon, black pepper



5 060200 050538



Ginger RRP £6.95



Energy	1840kJ 440kcal	460kJ 110kcal
Fat	32 g	8 g
of which saturates	28 g	7 g
Carbohydrate	36 g	9 g
of which sugars	12 g	3 g
Protein	8 g	2 g
Salt	0 g	0 g

Coconut milk powder (60%)(coconut milk,maltodextrin, modified food starch), coconut nectar (17%), turmeric (9%), ginger (8%), cinnamon, black pepper



5 060200 050521



Chilli choc RRP £6.95



Energy	1480 kJ 360 kcal	370 kJ 90 kcal
Fat	24 g	6 g
of which saturates	20 g	5 g
Carbohydrate	44 g	11 g
of which sugars	16 g	4 g
Protein	8 g	2 g
Salt	0 g	0 g

Coconut milk powder(39%) (coconut milk,maltodextrin, modified food starch), cocoa powder (25%), coconut nectar (17%),turmeric (7%), ginger, cinnamon, black pepper, chili powder (0.3%)



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